

The KeysNews

A Publication of The Keys To Reality® Foundation

December 2002

Keeping Current

We hope that you all have had a really wonderful Thanksgiving. There continues to be a lot to pray on for our Prayers for the Planet Class Meetings and E-Mailing List. Perfect Works for your Divine Freedom and Forgiveness from the Past and for Perfect Relating between all life; especially between family members and friends as we continue to move through the Holiday Season. It is great that the Holiday Season generally inspires people to be at their best. Let us ask for Divine Peace within all mankind now and forevermore. Let us also ask for Precise Accountability for those who would rob others of their Peace in God's Most Perfect Way over time.

This month's KeysNews article is also an updated version of an article first released many years ago. Most people will not recognize the heritage of the article because I have added a Holiday theme reference to it. In some ways the article could be considered a beginner's article because it discusses the Planetary Laws of Creative Energy, but it does so in a very timely way. Hope you enjoy it.

As a Public Foundation, we must once again mention that we are supported by the donations of our friends and sponsors. There is never a charge for the spiritual information that we share, and never a charge for our prayer services. We thank everyone who is currently pledging and donating money to our Foundation for you are the ones who are helping us help others. Good Karma! Good Karma!

*We encourage everyone to send us prayer requests by snail mail at our mailing address noted below; by e-mail at: amo81@att.net; and on our voice mail message line at 702-878-0427. Please feel free to share these newsletters and refer all of your interested friends to us for placement on our mailing list at: **The Keys To Reality® Foundation, 800 Lacy Lane, Las Vegas, NV. 89107. It's free. Please note that our Email Address above is new! Thanks.***

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From Resolution To Reality (Making Changes Permanent)

The Holiday Season often causes people to take a long, sometimes hard, look at themselves and the lives they are living. At Thanksgiving, people generally look to see if they have reasons to feel thankful. Some people find those reasons, many others do not.

During the Christmas Season, most people think of family, friends, relationships, and the giving and receiving that generally marks that time of year on the planet. Unfortunately, for some people, the Holiday Season just reinforces their beliefs that they don't even have enough friendship, family, love and money for themselves let alone have enough to spread around to others.

"Next year, I will lose weight, get a better job, control my temper, find a new girlfriend, learn to cook, win the lottery, become a better father, learn more about God." New Year's Resolutions are only made because a person believes that something is not right in his lifestyle and/or personality.

All of the above is why most often the Holiday Season is not experienced by most people as it is actually meant to be experienced. Even though it should be the season of Unconditional Love, and it often is on the surface, it is hardly ever the season of *Unconditional Self-Love*, for most people.

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The Keys To Reality Foundation
800 Lacy Lane
Las Vegas, NV. 89107

702-878-0427
amo81@att.net
Allan Osman - President

God I Am Permanent Positive Change

God I Am Permanent Positive Change. God I Am Able to adjust and redirect myself in the Most Perfect Way of Our Infinite Creator Source at any and all times. I am always flexible and able to handle all of life's unexpected demands with Ease, Effortlessness and Confidence over time. God I Am Divine Adjustment and Compensation. God I Am Divine Spontaneity and Immediacy. I take pride in my ability to hear the Voice of the Creator in the moment, no matter what is pulling on me and no matter who is seeking my attention. I am always able to maintain my focus on the Creator within me in any and all situations, especially during busy times when I may feel pressured; and also especially during times when I am interrupted and called upon to handle unexpected difficult situations. God I Am Fearlessness and Flexibility. God I Am Divine Patience and Knowingness. God I Am Divine Peace and Security. God I Am Invulnerable to the negativity around me because I am determined to handle my life with Divine Patience and Enjoyment, as directed by the Creator, and in His Most Perfect Way, now and forevermore.

God I Am Able to Get More Things Done in less time because I do not waste time worrying about whether I will miss something that I am called upon to do or that I need to get done. God I Am Divine Receivership. God I Am Able to Receive everything that the Creator desires to project to me, including any change of plans that are needed for me to make in order to correctly respond to the changes of plans made by the other people in my life. God I Am Totally in the Moment because I know that the Creator's Will and Plan changes from time to time to offer all of His Children the greatest opportunity at mastery and at doing the right thing in His Most Perfect Way over time. God I Am Willing to focus on asking accordingly on any and all Clearing and Mastery Lists that are designated for me to work upon for my greater good, for my eternal evolvment, and for my ultimate freedom and forgiveness from the past in the Most Perfect Way of Our Infinite Creator Source. God I Am the Patience and Determination to continue to ask accordingly for the reprogramming of my sub-conscious mind for as long as it takes to master all lesser god influences in the Most Perfect Way of Our Infinite Creator Source for all time. So be it.

FROM RESOLUTION TO REALITY continued:

On the contrary, the approaching Holiday Season all too often creates dissatisfaction in most people simply because it is a time when most people compare way too much. It is a time when most people judge themselves as lacking in at least some important areas. And the negative self judgments are why the Holiday Season is also the depression season for all too many people.

Inner Power Struggles

Unfortunately, all the Holiday Good Intentions and New Years Resolutions in the world are generally not enough motivation for even a sincere and well meaning person to make the positive changes in his personality and lifestyle that he desires *permanent*. Most people are creatures of habit and are unable to change for long even after being inspired to resolve to do so by the Christmas Spirit, or by some revolutionary new book, or by some incredible new seminar, or by some charismatic new psychologist, or by some insightful new TV evangelist, or even after being inspired by God, Himself, coming forth in a Vision or Revelation.

Why is this most often the case? Why do people have trouble breaking their negative and limiting habits? Why is it so often too hard to quit smoking, stop over-eating, end alcohol and/or drug abuse, stop throwing temper tantrums, stop being a control freak, stop being too

afraid to end a negative relationship or to ask the girl down the hall for a date? Why do nice people suffer? Why do prayers so often appear to go unanswered? Why do even sincere Spiritual Students often have trouble applying themselves consistently over time?

Any time a person is unable to keep himself from thinking, saying and/or doing what he really does not want to think, say or do, and anytime that such a person cannot get himself to think, say and/or do what he actually does want to think, say and do, it has to be due to the fact that his negative sub-conscious habit patterns (*lesser god influences*) are stronger than his conscious ability to resist them.

Why do most people have trouble attracting and creating the better material circumstances in their lives that they often pray for, that they often gamble for, that they often even compromise their principles for over time? Since everything that you put out comes back to you on the planet, (*or the Creator wouldn't tell His Children to pray for what they want and need in life*), any time a person is unable to create the manifestation of what he consciously desires, and possibly even prays for over time, it has to be because he is also putting out (*and therefore carrying*) sub-conscious (*discarnate?*) energy that is literally counteracting his prayers, and thereby sabotaging the manifestation of his desires over time.

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KEEPING CURRENT continued:

PRAYERS FOR THE PLANET E-MAILING LIST: *The Keys To Reality Prayers For The Planet E-Mailing List is very popular. If you would like current events prayer suggestions e-mailed to you practically every day, and want the opportunity for the list members to join in Perfect Works for the current event issues you are interested in, please let us know by subscribing to our list. You can do so by sending an e-mail to us at: amo81@att.net, subject: "subscribe planet prayers." Where many are joined over the Internet...*

WEDNESDAY EVENING PRAYERS FOR THE PLANET AROUND THE WORLD: *With so much financial and military uncertainty on the horizon, it is still a very important time to be joining in the Prayers for the Planet. We not only work our ongoing Prayers for the Planet in our class meetings, but we stress the Prayers For The Planet – Anti-Terrorism Edition. We encourage you to use these Prayers as the tangible way to make a difference on the planet, and especially relative to the War on Terrorism, now and forevermore.*

*We would also like to remind you that we are using the new Anti-Terrorism Edition, along with the traditional Prayers for the Planet in our **Wednesday Evening Prayers For The Planet Around The World Program.** To participate, all you would have to do is read both the new Anti-Terrorism Edition and the traditional Prayers for the Planet at home, between 7:00 pm and 8:30 pm Pacific Time, on every Wednesday night. Where many are joined, there is the Power, everywhere in the World. In the interest of keeping the meetings from going uncomfortably long, we recommend that you temporarily edit out some of the traditional Prayers for the Planet, especially the ones that seemed to be covered in the Anti-Terrorism edition. That is how we do it in Vegas. For more specifics, just contact us at: **amo81@att.net.***

KEYSNEWS BY E-MAIL: *If you would like to receive The KeysNews by e-mail attachment, just let us know at: **amo81@att.net.** We will send you instructions so you can view it and print as many copies as you like for family and friends. You can download a free viewer for both Windows and Macintosh at www.efax.com. Add convenience, save your office space, save the Keys Foundation money and save everyone's trees as well.*

PRAYERS FOR THE PLANET CLASS MEETINGS: *To find out whether there is a Prayers For the Planet meeting in your area, or for help starting one, call or e-mail us. All prayers received by the Foundation will be submitted to the Prayers for the Planet Class Meetings for their prayer support over time, unless those sending the prayer requests indicate a desire otherwise.*

PERFECT HEALING FOR: *Al Lenz, Ann Ekstrom, Annie Monahan, April Cilk, April Cilk, Barbara Brighton, Barbara Stout, Bart Drumm, Betty Delgado, Betty Jacobs, Beverly Lenz, Byron Harwood, Christina Drozda, Dan Stakich, Daniel Luken, Danna Winters, Dawn Gray, Don Murray, Donetta Winters, Donna Arce, Donna Thagard, Doug Verhaalen, Ernst Halpern, Ewa Georczuk, Frances Cammarata, Galin Massanari, Gary Smock, Gerry Tumarkin, Gilbert Kasdin, Ginger Levick, Harold Steinberg, Helen Fremont, Helen Fritsinger, Jack Gelke, Janie Ampel, Jean Marie Den Dooven, Jeannette Colhane, Jennifer Poland, Jon Lofstedt, June Poland, Karin Kasdin, Larry Calof, Lauren Burch, Lee Beck, Lee Davidson, Linda McGinnis, Linda Powell, Lola Beck, Lori Kaelker, Lynn Delgado, Maggi Robson, Malini Johnston, Marilyn Asplund, Mary Grisbach, Beverly Lenz, Maureen Baldwin, McKenna Carmen, Milt Burton, Molly Clark, Moneca Pinheiro, Othylia Le Blanc, Pam Asplund, Pamela Pinheiro, Paul Balsama, Paula Brady, Peggy Gelke, Ralph Thompson, Raymond Bengert, Rebecca Sock, Rhonda Childers, Robert Cox, Sal Cutrino, Shari Nigel, Steve Halpern, Sylvia Beck, Tom Cammarata, Toni Roberts and Trinity Palmer*

MERCY BANDS ASSIST: *Drew Haynie, Grace Silva, James Coburn, Jessica Haynie, Jim Bourne, John Reed Dobbins, Luciano Silvero, Paul Wellstone, Richard Harris, Ryan Snead, Sandra Silvero and Susan Sutton*

PERFECT WORKS FOR: *1. The Winter Weather and all those affected by it in the US and around the world 2. The Homeless situation everywhere 3. The Decisions to be made by the US Supreme Court 4. Protection from and for Right Dealing with terrorism everywhere on the planet 5. The decisions made by North Korea around its nuclear weapons program 6. Eliminating all sources of funds for terrorists, especially from Saudi Arabia 7. The end of the Cleric Rule in Iran 8. The Smallpox Vaccination plan in the US 9. The Truth being revealed about the weapons of mass destruction in Iraq 10. The Bush Administration and its handling of all environmental issues, including air pollution and nuclear waste storage 11. The elimination of the mass sicknesses onboard cruise ships 12. The cleanup of the oil leak off the coast of Spain 13. The handling of the Church abuse cases*

IN CLOSING, *I would like to say Happy Thanksgiving, Merry Christmas and Happy New Year to all life. Here is to all life coming into the Divine Resolution to make God Consciousness, Freedom and Forgiveness from the Past, Co-Creatorship and Peace and Goodwill to all.... their natural way of life and living now and forevermore. Happy Holidays Bernice and God. We Love You!*

FROM RESOLUTION TO REALITY continued:

Everyone on the planet wants to make positive changes in his life. Everyone wants to be better, do better and to experience more of whatever it is that makes him feel good about himself and about his life in general over time. Most people pray to God to change their lives. Many even pray to have their personalities changed for the better as well.

It is just that most people don't actually know what they, themselves, need to actually do to make such positive changes of personality and/or lifestyle *permanent* over time. Most people are unaware of all that is actually sabotaging them and/or holding them back over time. Some blame God. Some blame other people. Most also blame themselves. But, either we live in a random Universe with an unfair, arbitrary God controlling everything, or, there are Creative Laws to learn, that once understood and applied, can change things permanently for the better. Let us investigate....

Thoughts Are Projected

Every Religion and Spiritual Discipline in the world tells you to pray for what you want in life. Ask, put it out, so that you may receive, so that it can come back to you. For most people, prayer is the attempt to influence God into helping them experience what they want and need in life. When you pray, you are projecting your thoughts out to God, and therefore out to the Universe, hoping that God and the Universe will create what you want for you. When you really want something, you project a strong desire to influence others accordingly.

In fact, every one of us is always projecting all of his thoughts out unto the Universe at all times, whether we realize it or consciously want to do so or not. If any thought can be projected, then all thoughts are always projected. And this projection is especially strong if a person specifically targets his thoughts at a particular person or group of people at the time; and it is even stronger if the projecting individual is passionate about whatever he is thinking about at the time.

That is why there is a definite home-court advantage in almost every sport. It is why there have been so many reports of two people having the same thought at the same time; and of a far-away mother knowing exactly the moment when her child was crying out for her help.

It is why one person often calls another person just when that other person was thinking about him; and why an angry person can irritate a person meditating near him even without saying or doing anything. All of this is also the explanation for how certain voodoo rituals can cause a suggestible victim to become self

destructive. The thought to do so is projected unto the intended victim and perceived by him as his own thoughts, and even sometimes as his own visions, and he acts accordingly.

And what is most specifically and obviously projected is the quality of the desire to act in a certain way. A hostile person projects his hostility out unto the Universe and therefore causes those around him to be more hostile than they otherwise would be, if not around him. Everything that you put out comes back to you because your thoughts are projected and like amplifies like.

A peaceful Spiritual Master makes all those around him more peaceful simply by the quality of the vibrations that he projects over time. Everything that you put out comes back to you and like amplifies and attracts like because all thoughts are always projected. All of the above is why animals are so often great judges of a person's character even upon first meeting.

Habits Become Magnets

Another reason why "*everything that you put out comes back to you*" is because it actually never leaves you. If you express the tendency to be generous, just because you give a gift, it doesn't mean that the tendency to give generously has left you. If you express the tendency to be hostile, just because you lash out, it doesn't mean that your tendency to be hostile has left you.

On the contrary, every time you act in a certain way, you strengthen the tendency, the habit, and the energy influence within you, that causes you to continue to act in that way over time. Since like attracts like in the Universe as explained above, every tendency that a person has to act in a particular way will soon become a tendency to attract the same kind of behavior (*energy*) from other people, and from the Universe, around him, sometime in the future of this and/or in future lifetimes.

In other words, every personality habit that a person carries and expresses in life will eventually become a karmic magnet for like energy and attitude from the Universe for that person over time. The stronger the habit becomes, the stronger the magnet will become over time as well. All of the above is how and why it is correct to say that every person is living out his karma. Every individual on the planet is expressing as his sub-conscious personality habits automatically push him into expressing. And, every individual on the planet is experiencing all that his karmic magnets automatically attract into his world and being over time as well.

And all of the above is always occurring whether those karmic magnets were created from personality habits

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FROM RESOLUTION TO REALITY continued:

expressed in this lifetime; or whether they were actually programmed into that individuals' sub-conscious mind at birth as the karmic return of the personality habits that he expressed in one or more past lives. Habits, whether positive or negative, always become magnets, if not in this lifetime, then in future lifetimes. That is why children are born with, and can be influenced by, their personality habits and karmic magnets right from the start. Everything that you put out comes back to you over lifetimes as the *negative* and/or *positive* personality habits and karmic magnets that you were born carrying in your sub-conscious mind as part of Divine Plan. There are no accidental birth circumstances ever.

People Always Affect Each Other

Put two people together, each with the tendency to be intolerant, and you get two people who are both being influenced by his own, and by the other's projected intolerance, at the same time. Put two intolerant people together and you get two people who are both twice as intolerant as they would otherwise be, if not around the other, at the time. That is why some people do negative things as part of a crowd, as part of a mob, that they would never do alone.

On the other hand, put two people together who are both somewhat positive, and who both really want to help themselves and others through prayer, and you get two people who are each more positive, and therefore more able to help themselves and others through prayer, than each would otherwise be alone. That is what is really meant by the saying, "*where many are joined, there is the power.*"

Mix certain people, carrying certain combinations of personality habits and karmic magnets, and you get certain incidents that are bound to occur, over time. There are no causeless accidents. There are many things that happen on the planet, and many actions that people take, that are not within the Will of the Creator. But all actions taken, and all incidents experienced, are caused by the personality habits and karmic magnets that individuals carry within each's sub-conscious mind.

Incidents that occur between people are caused by one person's personality habits and karmic magnets acting upon, influencing, the other person's personality habits and karmic magnets at a given time. When one hostile person is waiting on the same teller line with another hostile person, there is more likelihood of a fight than when there is one hostile person and one peaceful person on that line together, all other things about them being the same. People always affect each other, by their actions and their projected thoughts (*vibrations*).

If you want to become more positive, don't hang around with negative people. If you want to become a Spiritual Master, spend some time with a Spiritual Master. If you can't do that, at least spend some time with people who are as positive and God inspired as you want to become.

You Need To Re-Program Yourself

The only way to improve your present is to improve your future. The only way to improve your future is to use the present to positively re-program your sub-conscious mind in a consistent and regular manner. Wishful thinking will not help you break any strong sub-conscious personality habits; and it also won't help you avoid negative and difficult experiences, if you happen to carry the negative karmic magnets to attract them in your sub-conscious mind.

Once personality habits are irresistible, and once karmic magnets are strong enough to limit and sabotage a person, neither can actually be counteracted, let alone disempowered, by that individual doing affirmations alone. When the sub-conscious mind is relatively empty, as occurs in childhood, it readily accepts new beliefs about practically everything in life. After it has been strongly programmed, which occurs as a child gets older, it hardly accepts anything new without the old programmings being disempowered and removed first.

There is only one force in the Universe that can have a more powerful influence upon a person than his sub-conscious mind. It is the God Force. The God Force is also the only power in the Universe that can reprogram a person's sub-conscious mind in response to his asking accordingly over time. That is why there is no real chance for a person to manifest permanent self improvement, let alone Spiritual Development, without the Help, without the Intervention, of the Creator.

You Need To Master Lesser Gods

The purpose of life on this planet is Mastery. It is Divine Plan for each person born into the Earth life to be faced with lesser god influences that controlled and defeated him in past lifetimes. That is why babies are born already pre-programmed with certain sub-conscious personality habits and karmic magnets right from the start. It is done this way to give them the opportunity at mastering (*and rebalancing*) them this time around.

Every negative personality habit was first created as the free will response to a particular incident. You cannot master the tendency to get angry if you are not faced with a situation that has made you angry in the past. And, you cannot master the situation unless you can resist the tendency to get angry when facing it.

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FROM RESOLUTION TO REALITY continued:

To become a Spiritual Master, a person must master all of his negative tendencies, and he must also master all of the experiences in which they were first created, and then reinforced, over time. If you cannot be a good sport in the face of not having a lot of money, then all of the prayers to have God reprogram your sub-conscious mind in order to create more personal wealth and power will not be answered. They will not be answered because it is no mastery to be positive only when you get what you want in life. It is no achievement to feel secure because you have millions. Remember, God's Purpose for life on this planet is Mastery.

Every prayer for the Creator to remove your tendency to get angry in general will help you resist anger if and when you are faced with the same kind of situations that have made you angry in the past and/or in past lifetimes. Asking the Creator to reprogram your sub-conscious mind does *prepare* you to make your masteries. But, it doesn't make the masteries for you. You must do that in daily life through resisting automatic behavior as you deal with all that you are faced with over time.

After you make your mastery over anger in a particular difficult situation, then you *earn the right* to have your karmic magnets for the kinds of experiences that used to make you angry, removed, via the Intervention of Our Infinite Creator Source. Once the karmic magnet for experiences that used to make you angry is removed from your sub-conscious mind, you literally no longer need to attract such experiences, and for that reason alone should expect your life to improve over time.

You Have To Give In Order To Receive

One personality habit that is extremely important to master in order to create better life circumstances over time is the tendency to be selfish and preoccupied with what you are getting out of life. Anyone who doesn't want, and therefore pray for, all that the Creator desires for others, as much and as often as he prays for himself, is sabotaging himself by that attitude and motivation.

This is so because any time you want more for yourself than you want for the rest of God's Children, you are putting out a *selfish* energy that will come back to you in the form of the other people in your life acting more selfishly than they otherwise would be when around you. Like attracts like and every personality habit becomes a karmic magnet. If you want the other people in your life to want to give to you, you must want to give to them, and evidence that desire by the thoughts, words and actions that you put out in life at all times. That is one of the reasons why it is so smart to Pray for the Planet and for all mankind over time.

Take The Clearing and Mastery Approach

The most efficient way for a person to improve his life would be for that individual to first identify the negative personality habits and karmic magnets within him; then to ask to receive freedom from being influenced and limited by them through the Intervention of Our Infinite Creator Source over time. Consistent asking accordingly will then start to disempower the reinforcement energy behind those habits and magnets, thereby to make it easier for that individual to face and master the related negative tendencies and incidents that have had lesser god influence over him to that point in time.

Once the particular individual actually masters those particular negative habits and magnets in daily life, his continued working of a Clearing and Mastery List for them will lead to the removal of the actual habits and magnets themselves from within his sub-conscious mind via the Intervention of the Creator. All of the above is why I always suggest to every one of my Spiritual Students to continue to work on the Clearing and Mastery Lists that I give them for a while, rather than just put them down after one or two sessions.

One way of speeding up the entire process would be to amplify the Prayer Power of the person doing the asking on the Clearing and Mastery List. The more powerful a person's prayers, the quicker will he be able to create the disempowerment of his negative personality habits and karmic magnets over time.

You cannot ask the Creator to score a touchdown for you if you don't give Him the ball. Prayer Power is directly proportional to the level of Spiritual Surrender that a person lives by. The more Spiritual Surrender, the quicker your life will improve as the result of taking the Clearing and Mastery List Approach over time.

5 Great Life Changes To Make Permanent:

- Ask God to take full and complete charge of you and the allness of your beingness on a consistent and regular basis (*do Keys Prayers*)
- Ask God to remove all lesser god influences from within you (*work Clearing and Mastery Lists*)
- Ask God for His Guidance and Direction before making decisions; and do so as your habitual way of life and living (*do Verbal Receivership on the go and do Written Receivership at home*)
- Spend some time every day in Surrender Meditation (*to relax and amplify your God Connection*)
- Participate in a Prayers for the Planet Meeting (*to replace negative with positive karmic magnets*)